

THE MEDICINE WHEEL
Individual version

EAST - Illumination and Creativity (Mind)

You are on your path to illumination.

What are my greatest spiritual challenges regarding this issue?

Where is my spiritual path taking me?

What is keeping me from seeing clarity in this situation?

SOUTH - Trust and Innocence (Physical)

Protects the child within.

Should I be humble right now?

How can I be more trusting in this situation?

What do I need to trust in myself?

What do I need to nurture my child within?

Am I taking care of my physical well-being?

WEST - Transformation (Emotions)

Keeps us focused on our goals and how to reach the desired end.

What issues are most important for me right now?

How can I reach my goals?

What are my emotions telling me?

NORTH - Strength and Wisdom (Spirit)

Offers the wisdom of the elders. Guides us in spiritually integrating the lessons of the other directions.

What does my inner teacher have to say that will help me?

What is the gift in this situation?

What is my higher purpose and intention for this situation?

How can spirit and prayer help me?

EAST - Illumination and Creativity (Mind)

Speaks with the voice of the grandparent or elders

The path to illumination and creativity.

What does the organization need to be more enlightened and creative?

Where is the organization's spiritual path taking it?

What does the organization need in order to have more clarity?

SOUTH - Trust and Innocence (Physical)

Speaks for the child within.

Remembering the founding purpose of the organization.

How can we make this organization more trusting?

What does this organization need for its physical well-being?

WEST - Transformation (Emotions)

Speaks with the voice of the adolescent becoming an adult.

What issues are the most important right now?

What are the organization's most important goals right now?

What are the emotions of the organization telling us?

NORTH - Strength and Wisdom (Spirit)

Offers the wisdom of the elders. Guides us in spiritually integrating the lessons of the other directions.

What is this organization's higher purpose and intention in the world?

What does the organization's Inner Teacher have to say about this situation?

What does this organization need spiritually?